Classifying EEG signals preceding right hand, left hand, tongue, and right foot movements and motor imageries

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Abstract

Objective: To use the neural signals preceding movement and motor imagery to predict which of the four movements/motor imageries is about to occur, and to access this utility for brain–computer interface (BCI) applications.

Keywords:
Electroencephalography (EEG)
Event-related (de)synchronization (ERD/ERS)
Brain–computer interface (BCI)
Movement
Motor imagery

1. Introduction

The goal of this study was to prove the viability of a movement/imagery prediction brain–computer interface (BCI), and to discover which electroencephalography (EEG) neural signals would be best for controlling such a device. We focused on EEG because it is non-invasive and mobile. Additionally, we restricted the device to decoding pre-movement/imagery signals with cued movements/imageries.

BCIs are important medical devices for patients who have lost control of their motor faculties, and can no longer outwardly express their needs and thoughts. A BCI enables these “locked in” patients to control a computer with their brain activity for communication, mobility, and other purposes. In practice, the most common neural signals to use as BCI inputs are movement-related signals, because they are well defined and natural to the user. Movement-controlled BCIs allow the patient to indicate a choice by making or imagining one of several predefined movements.

Current movement-controlled BCIs have two major drawbacks. First, they rapidly fatigue the patient by requiring sustained movement/imagery for several seconds. Neural signals associated with non-sustained movement/imagery subside quickly, and a longer sample of data is required for classification (Neuper et al., 2005). Second, after the neural signal is obtained, the device can require several seconds to classify it, especially if sophisticated techniques are involved (Brunner et al., 2006). This causes a waiting time between the patient’s actions and the BCI response, decreasing the BCI’s usability and convenience. To address these problems, we proposed a BCI that used the brain signals preceding movement execution and imagery (a prediction BCI). This enabled the extraction of more than 1 s of preparatory neural information from a single non-sustained movement/imagery, and had the potential to reduce the perceived waiting time between the patient’s actions and BCI response by using earlier neural signals.

We created a prediction BCI that selected the neural signals that gave it the best results for predicting which of the four movements was about to be executed or imagined: right-hand squeeze, left-hand squeeze, tongue press on the roof of the mouth, or right foot toe curl. The movement was instructed with a specific stimulus (S1) and performed at a second stimulus (S2). We anticipated that the BCI would rely on one of the two predominant EEG signals...
known to precede cued movement and motor imagery in this circumstance: the contingent negative variation (CNV) or the event-related (de)synchronization (ERD/ERS). These signals are unique to movement/imagery preparation, and dissimilar from those during movement/imagery execution. Specifically, the CNV only occurs preceding movement/imagery and subsides immediately upon movement/imagery execution. Additionally, the preparatory ERD/ERS is functionally distinct from the ERD/ERS that can occur during movement/imagery (Neuper and Pfurtscheller, 1999). While the CNV and its coincident ERD/ERS are extracted from the contemporaneous EEG, they represent separate processes of motor/imagery preparation within the motor cortices (Filipovic et al., 2001).

The contingent negative variation (CNV) is a widespread negative shift occurring during the interval between a warning stimulus (S1) and a subsequent imperative stimulus (S2) that requires execution of a movement or motor imagery (Walter et al., 1964; Tecce, 1972; Tecce and Cattanach, 1993). In a choice situation, the instruction for which movement to make could be given with either the S1 or the S2; in our experiments, the instruction is given at S1. The earlier part of the CNV is maximal over the frontal cortex, and generated in response to S1. The later or terminal CNV (tCNV) can begin up to 1.5 s before S2; and reflects both cognitive preparation and generated in response to S1. The later or terminal CNV (tCNV) is maximal over and negativity over the primary motor frontal and prefrontal cortices, and motor preparation, causing maximal activity within and negativity over the frontal and prefrontal cortices, and motor preparation, causing maximal activity within and negativity over the primary motor cortex (M1) and supplementary motor area (SMA) (Rohrbaugh et al., 1976; Rosahl and Knight, 1995; Ikedu et al., 1996).

The tCNV’s motor-related activity is associated with a sustained ERD/ERS in the alpha (8–13 Hz) and beta (14–30 Hz) range. The ERD, a reduction of a specific frequency component, is related to increased neural activity and appears over the performed/imagined movement’s M1 representation. The ERS, an enhancement of a specific frequency component, is related to neural suppression, and sometimes appears over non-performed/imagined movements’ cortical representations (Pfurtscheller, 1989; Neuper and Pfurtscheller, 1992; Pfurtscheller et al., 1997; Pfurtscheller, 2003; Caldara et al., 2004).

We anticipated that the prediction BCI would work best with the ERD/ERS due to the straightforward relationship between the ERD/ERS and motor cortex activity, in contrast to the CNV. Success would indicate that movement and motor imagery contain a substantial and specific preparation within the primary motor cortex, which is reflected in the ERD/ERS more than the CNV and other movement/imagery preparation neural signals. Furthermore, this four-movement BCI could greatly improve the lives of locked-in patients by offering them two dimensions, four directions derived from the four movements, of control.

2. Methods

2.1. Subjects

Subjects were eight, right-handed, healthy volunteers (five male) between the ages of 23 and 53. None of the subjects had prior BCI training or instruction on the current study’s procedure. The subjects were not informed of the experimental hypothesis, or the experimental design beyond the activities they performed. Each subject provided written informed consent prior to participating in the study. The Institutional Review Board approved the protocol.

2.2. Experimental protocol and data acquisition

Subjects were seated in a comfortable chair with their arms extended, supported by pillows, and their right leg extended, supported by a footrest. Stimuli presentation, data acquisition, and data processing and visualization were done using homemade MatLab (MathWorks, Natick, MA) scripts. Stimuli were presented on a 19-in. LCD computer screen, and occupied about 1.2° of visual angle.

Each subject completed at least six blocks of trials, each block consisting of 100 trials. During each trial, a cross stimulus was presented for 2–5 s, followed by an arrow stimulus (S1) for 2 s, and then a diamond stimulus (S2) for 2 s (Fig. 1). Subjects were instructed to blink and swallow only during the cross presentation and to minimize eye movements during S1 and S2 presentations. We asked the subjects to relax their muscles and pay attention to the visual stimulus. We stressed the importance of their relaxation, because the presence of any S1-related artifacts could potentially contaminate our results. The duration of the cross stimulus was adjusted for each subject’s comfort and varied randomly between trials by at least 1 s. For each trial, S1 was randomly chosen to be an arrow in one of four directions: right, left, up, or down, which indicated the movement to be performed or imagined: a right-hand squeeze, left-hand squeeze, press of the tongue on the roof of the mouth, or right foot toe curl, respectively.

During the first three blocks of trials, subjects were instructed to perform physical movement immediately upon S2 appearance, and not before it. During the last three blocks, subjects were instructed to perform kinesthetic motor imagery immediately upon S2 appearance, and not before it. Subjects were explicitly warned against making muscle contractions before S2. Instead of recording electromyography (EMG) on the arms and leg, we made sure that subjects were not making movements before S2 by watching them via a closed-circuit video camera. Tongue movements were detectable through the EEG scalp electrodes, and we used this to ensure that subjects were not making tongue movements when they should not have. Additionally, subject self-reports indicated that subjects were not performing imagery or muscle contractions before S2. The closed-circuit video was also used to ensure that subjects performed movement trials correctly and were awake and attentive. Extra blocks of trials were collected from subjects who failed to remain attentive; such bad trials were discarded. Each subject was enrolled in the study for 1.5–2 h.

EEG was recorded from 29 tin surface electrodes mounted on an elastic cap (Electro-Cap International, Inc., Eaton, OH, USA). Electrodes were placed over central and parietal areas, spaced roughly 2.5 cm apart. These included the following, labeled as channels 1–29: FC1, FC3, FC5, C1, C3, C5, FC2, FC4, FC6, C2, C4, C6, CP1, CP3, CP5, P1, P3, P5, CP2, CP4, CP6, P2, P4, P6, F7, FCZ, CZ, CPZ, and FZ (Sharbrough et al., 1991). Reference was taken from the right ear lobe and ground from the forehead. Bipolar recordings of the vertical and horizontal electrooculogram (EOG) were taken to monitor eye movements and blinks. All signals were amplified (Neuroscan...
Inc., El Paso, TX), passed through a 100-Hz low-pass filter, and digitized with a sampling frequency of 250 Hz.

2.3. Trial exclusion

Trials that contained muscle tension, tongue movement, face movement, eye movement, or eye blink artifacts in the 1.5-s preceding S2 appearance were identified offline and excluded from all subsequent visualizations and analyses. Tongue movements that occurred before S2 were not part of the experimental task, because subjects were instructed to make movements/imagery after S2. To assess the impact of trial quantity on classification success, the average quantity of movement and imagery trials retained for each subject was compared to the mean and variance of the results using a linear regression (movement and imagery were considered separately).

2.4. CNV and ERD/ERS visualizations

To create CNV and ERD/ERS visualizations, trials belonging to the same subject, channel, and movement or imagery were averaged offline over the 3 s preceding and 1 s following S2 appearance. CNV visualizations were created by low-pass filtering (second-order Butterworth filter with a 5-Hz cutoff) and averaging voltages after subtracting the average voltage between 3 and 2 s before S2 appearance. Ninety-five percent confidence intervals were made using bootstrapping with 500 samples (Good, 2006). ERD/ERS visualizations were created by generating power spectra for each trial (using a fast Fourier transformation (FFT) with Hanning windows, a 256-ms segment length, and no overlap between consecutive segments), and averaging 3.9 Hz, 256-ms bins of the power spectra (Bai et al., 2005).

Visualizations were inspected manually to identify CNV waveforms and sustained ERD/ERSs over motor areas. To assess the impact of ERD/ERSs on classification accuracy, the number of movement/imagery preparations displaying sustained motor channel ERD/ERSs was compared to average testing accuracies using linear regression (movement and imagery were considered separately).

2.5. Training and testing accuracies

Trials were separated into two groups per subject, one for movement and the other for imagery. Each group was pseudo-randomly divided into a training set (80% of trials) and a testing set (20% of trials). All data were independently filtered using a spatial filter (independent component analysis, ICA), which attenuated the signal components associated with noise; and a temporal filter (discrete wavelet transformation, DWT), which applied a transformation to make relevant neural signals more accessible (it extracted features). Optimum filter parameters were determined using the data in the training set. The filters were chosen based on their ability to produce better testing accuracies than other methods (spatial filters: principal component analysis, common spatial patterns analysis, and surface Laplacian derivation; and temporal filter: power spectral density estimation) in Bai et al., 2007, where specific implementation details can be found (Bai et al., 2007).

After filtering, the data were rescaled to have zero mean and unit variance. This eliminated the possibility of high variance features dominating the classification training (Bai et al., 2007). The training set was searched by a genetic algorithm, using Bayesian cross-validation and Bhattacharyya distances, to identify the best one hundred features for differentiating the movement/imagery preparations during the 1.5-s before S2 appearance. The Bhattacharyya distance of each feature quantified the feature's impact; the larger the feature's Bhattacharyya distance, the greater separability of the data by that feature (Marques De Sa, 2001). Only 1.5 s before S2 were included in the classification, since this was the time period known to contain the motor-related CNV and ERD/ERS. We avoided using the 0.5-s after S1 appearance, to ensure that any S1-related artifacts were not used by the classification.

A naïve Bayesian (BSC) classifier used the best features (those with the largest Bhattacharyya distances), in the best quantity (the number between 1 and 16 that produced the best training set results), to classify each trial in the training set, yielding a training accuracy, and each trial in the testing set, yielding a testing accuracy. Similar to the filtering techniques, BSC was chosen based on its ability to produce better testing accuracies than other methods (Mahalanobis distance classifier, quadratic Mahalanobis distance classifier, multi-layer perceptron neural network, probabilistic neural network, and support vector machine) in Bai et al. (2007).

This process was repeated five times, using data preceding all four movements/imageries, to account for variation from the random division of trials into training and testing sets and the genetic algorithm used in feature identification. All analyses used data preceding movement/imagery execution, although explicit statement of this is omitted from now on for brevity.

Six subjects were used for two-movement/imagery classifications. Two subjects were excluded from this analysis based on their failure to adequately participate in the experiment. The results of their CNV visualizations (one lacked an imagery CNV and the other lacked movement and imagery CNVs) and their poor behavior during the experiment indicated that they were not investing effort in the task. The six subjects' two-movement/imagery data were classified 10 times using the same procedure. This was done for each combination of two movements/imageries from the original four. The results were collapsed across subjects.

The two-movement/imagery classification results from subject 6 were examined in detail, because this subject had an ERD/ERS for every movement/imagery, and therefore had equally substantive data for every movement/imagery. We used this subject to investigate which pairs of movements/imageries were the easiest and hardest to discriminate. To reveal any relationship between two-movement and two-imagery testing accuracies, two-movement testing accuracies were compared to two-imagery testing accuracies using a linear regression.

2.6. ICA topographies

Based on the training data, ICA separated the channel data into mutually independent components. The number of ICA components was automatically chosen based on classification performance in the training procedure (measured by cross-validation accuracy). This is physiologically sound because neuronal sources separated into ICA components are likely to be mutually independent from each other, and surely independent from environmental noise. Therefore, meaningful neural components associated with the movement/imagery task were relatively amplified compared to the un-associated neural components and noise, which were attenuated (Bai et al., 2007).

The ICA spatial filter attenuated the EEG signal over some scalp sites, and amplified the EEG signal over other scalp sites. To visualize typical signals amplified by ICA spatial filtering, we created ICA topography plots for one subject (subject 6). We made four plots, one for four-movement, four-imagery, two-movement, and two-imagery classification. The plots depict which scalp locations were attenuated and which were amplified. Each plot was made from only one classification (out of five four-movement/imagery classifications and 10 two-movement/imagery classifications), because
the ICA weights and component numbers differed between classifications due to the different training data.

2.7. Classification features

Our choice of DWT for temporal filtering determined that classification features were a combination of channel and variable width frequency bin (Bai et al., 2007). The features had a time window encompassing the entire 1.5 s before movement/imagery execution (S2). Features above 40 Hz were excluded, since there was no expectation of finding relevant neural signals above this frequency.

Classification features were visualized by creating Bhattacharyya distance matrices and scalp plots. The matrices depicted the Bhattacharyya distance of each feature (features were broken into 3.9 Hz bins, instead of variable width bins, for visualization) for a particular subject’s movement or imagery preparation. Bhattacharyya distances beyond the 100 highest were corrected to zero. The scalp plots indicated the Bhattacharyya distance of each channel for a particular 3.9-Hz frequency bin. Points between channel locations were interpolated to create continuous gradients of color. Within both types of plots, colors indicated the Bhattacharyya distance of the associated feature. A larger Bhattacharyya distance indicated a greater separability of the data by the associated feature.

The traditional method of ERD/ERS analysis, which is based on power spectral estimation, is similar to that from DWT (the classification features). Therefore, the spatial, temporal, and spectral characteristics of the ERD/ERS were describable by the DWT features.

A single ERD/ERS pattern likely extended over several frequency bins, and several channels. Therefore, the ERD/ERS was available to the BCI through many different features (each feature was a combination of channel and frequency bin). If, as we had hypothesized, the ERD/ERS signals were the best for differentiating the four movements/imageries, the BCI would preferentially select ERD/ERS features. To assess the impact of using ERD/ERS features on classification, we examined the top 10 features (determined by their Bhattacharyya distances). If a feature was composed of an M1 channel (C1, C3, C5, CP1, CP3, CP5, C2, C4, C6, CP2, CP4, or CP6) and frequency between 8 and 30 Hz, it was regarded as an ERD/ERS feature. If a feature was composed of a frequency below 4 Hz, it was regarded as a CNV feature. We compared the presence of only ERD/ERS features in the top 10 features to average testing accuracies using a linear regression (movement and imagery were considered separately). This was not done for CNV features, because of the extremely small number of selected CNV features.

3. Results

3.1. Trial exclusion

Trial exclusion retained, per subject, an average of 55.9 (standard deviation 10.1) trials per movement/imagery, from an original average of 78.4 (standard deviation 12.4) trials collected per movement/imagery. The correlation between the average quantity of included trials and average four-movement/imagery testing accuracy was not significant (p > 0.05); similarly not significant was the correlation between the average quantity of included trials and variance of four-movement/imagery testing accuracies (p > 0.05).

3.2. CNV and ERD/ERS visualizations

CNV visualizations, except for subject 7 motor imagery and subject 8 movement and motor imagery, displayed the characteristic widespread negativity. Subject 7 completed movement trials correctly, but lost interest in performing imagery trials in anticipation of the experiment ending. Subject 8 was unable to maintain attention during any portion of the experiment due to excessive sleepiness. Therefore, CNV absence indicated failure to adequately participate in the experiment.

The CNV visualizations for subject 7 right-hand movement (containing a CNV) and motor imagery (not containing a CNV), from C3 (channel 5), are included to depict what we deemed as present and absent CNVs. The CNV visualizations for subject 5 right tongue movement and motor imagery, from CP2 (channel 19), are also included (Fig. 2). Movement and motor imagery produced similar CNV waveforms when CNVs were present. CNVs tended to be widespread, being visible in almost all channels, but with particularly large amplitudes in more central and frontal channels. Negativity began about 1.2 s before S2, following a positive peak that occurred about 1.5 s before S2. This positive peak represented a P100 response to visual S1 stimuli. Negativity persisted, often with slight attenuation, until S2, when it subsided.

The ERD/ERS visualizations for subject 7 right-hand movement (containing an ERD, a reduction of a specific frequency component, related to increased neural activity) and motor imagery (not containing an ERD), from C3 (channel 5), are included to depict what we deemed as present and absent ERDs. The ERD/ERS visualizations for subject 5 tongue movement and motor imagery (both containing an ERS, an enhancement of a specific frequency component, related to neural suppression), from CP2 (channel 19), are included as examples of ERSSs (Fig. 3). ERD/ERSs appeared in mostly motor channels. They were characterized by a sustained power decrease/increase in the 8- to 30-Hz range, beginning about 1.0-1.5 s before S2 and persisting at least until S2, and often beyond S2 appearance. The number of movements or motor imageries displaying an ERD/ERS correlated well with average testing accuracies (movement \( r^2 \approx 0.43 \), imagery \( r^2 \approx 0.50, p < 0.05 \)).

Subjects that displayed ERD/ERSs for movement did not necessarily display ERD/ERSs for motor imagery, or vice versa. Subjects were not limited to displaying an ERD or ERS exclusively, since they could display an ERD for some movements or imageries and an ERS for others. A movement/imagery never displayed both an ERD and an ERS. Also, a movement ERD could correspond to an imagery ERS, or vice versa (Table 1).

3.3. Training and testing accuracies

Five training and testing accuracies were collected from each subject for four movements and four motor imageries (Fig. 4). Ten training and testing accuracies were obtained from subjects 1–6 (Fig. 5). For subject 6, the correlation between average two-motion testing accuracy and average two-imagery testing accuracy was not significant (p > 0.05). The highest average two-motion/imagery testing accuracies involved right foot and left-hand responses. The lowest average two-motion/imagery testing accuracies involved tongue responses.

3.4. ICA topographies

To illustrate the neural signals amplified by ICA, we created four example plots of ICA topographies (Fig. 6). Heavy contributions from sensorimotor areas were detected, and circled in the figure. This illustrates the emphasis of our system on motor-related signals.

3.5. Classification features

Example feature visualizations are shown for subject 6 (Fig. 7). They show feature preference for ERD/ERS signals (over M1 channels, with frequencies between 8 and 30 Hz). Our system
selected mostly ERD/ERS features as top 10 features, instead of CNV features or other features. The only exception to preference for ERD/ERS over CNV features was for subject 1 imagery (Table 2). Additionally, the presence of only ERD/ERS features in the top
10 was highly correlated with testing accuracy (movement $r^2 = 0.51$, imagery $r^2 = 0.53$, $p < 0.05$). Classifications that did not rely on ERD/ERS or CNV features, but were in motor channels, had high frequencies (around 39 Hz), which were unlikely to carry relevant neural information, and probably represented recording equipment or environmental noise. Other classifications that did not rely on ERD/ERS or CNV features used features that were dispersed through more frontal channels. These features probably represented cognitive preparation (in the frontal and prefrontal cortices) for ensuing movement/imagery or cognitive noise from subject inattention. This selection by the BCI of non-CNV and non-ERD/ERS features was probably due to the failure of the BCI to identify ERD/ERS or CNV features. Use of these non-CNV and non-ERD/ERS features was not associated with high classification accuracy.

4. Discussion

4.1. Movement and motor imagery preparation

Every subject displayed a typical CNV waveform unless they were not performing the task, in which case they also lacked ERD/ERSs. Performing subjects with CNVs sometimes lacked ERD/ERSs, confirming independence between the CNV and ERD/ERS phenomena (Filipovic et al., 2001).

The two-movement/imagery results averaged across subjects 1–6 were nearly identical for each pair of movement/imagery. Each subject had particular pairs of movements/imageries that produced better results than the rest, but these trends were not consistent across subjects. This may be related to the diversity we found in our subjects’ ERD/ERSs. For subject 6, who was the only subject with ERD/ERSs for every movement/imagery, two-movement and two-imagery average testing accuracies were not significantly correlated. This agrees with a functional difference in preparation between movement and kinesthetic motor imagery. Specifically, motor imagery preparation involves less M1 activity than does movement preparation (Caldara et al., 2004; Hanakawa et al., 2008). The dissimilarities between each subject’s movement and imagery ERD/ERSs also agree with this finding. Insufficient work has been conducted to compare the ERD/ERS patterns for movement preparation to ERD/ERS patterns for motor imagery preparation. Such research could possibly explain why, in this experiment, preparatory ERD/ERS presence correlated better with imagery prediction accuracy than movement prediction accuracy. More generally, such research could lead to a better understanding of the different neural activity involved in preparation for movement and motor imagery, and how this activity is related to the movement being performed or imagined.

The large difference between subjects’ BCI accuracies (testing accuracies) reflected a variable ability of our BCI to extract motor-related information, in particular the ERD/ERS. Our system preferentially extracted this information, but it was not always available. This suggests that the ERD/ERS is the neural signal preceding movement and motor imagery that is most specific to the particular movement/imagery. Observed variability may have been due to differences in the shape and position of M1 with respect to the skull, changing the relationship between channel locations and M1, making channels more or less effective at detecting M1 activity. Alternatively, it may have been due to differences in the

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Subject’s movements and motor imageries that displayed a preparatory ERD or ERS. Action entries indicate the movement/imagery: R for right-hand squeeze, L for left-hand squeeze, T for tongue press on the roof of the mouth, and F for right foot toe curl. Movement and imagery entries indicate the display of an ERD, an ERS, or neither (–).
Fig. 5. Two-movement/imagery results. Average training and testing accuracies for two-movement/imagery classification from subjects 1–6 (a) and subject 6 (b). Error bars indicate standard deviation. Pairs of letters indicate the movements/imageries: R for right-hand squeeze, L for left-hand squeeze, T for tongue press on the roof of the mouth, and F for right foot toe curl. Chance accuracy for two-movement/imagery classification was 50%.

Fig. 6. ICA topography examples. ICA topographies for subject 6 two-movement/imagery classification (a) and four-movement/imagery classification (b). Colors indicate the ICA weights of the associated channels. Weights of large magnitude (−1 or 1) are associated with signal amplification. Weights of small magnitude (0) are associated with signal attenuation. Relative amplification of motor-related channels were detected in many of the plots and circled.
amount and location of cortical activity experienced when preparing for movement/imagery. Such functional diversity may explain why some subjects with a CNV waveform had ERD/ERSs (representing two separate motor processes) and some did not. This explanation would be confirmed if, through training, a subject could improve his or her BCI accuracy by making M1 information more available.

4.2. Implications for BCI applications

The collection of more trials neither improved our BCI’s accuracy nor reduced the variability of its results. Our BCI performed best when using the ERD/ERS movement/imagery preparation signals from M1. We expected our BCI to produce the best results when differentiating between right hand and right foot preparations since EEG channels would detect these signals on opposite sides of the head. This is because, even though both right hand and right foot M1 representations are in the left hemisphere, right foot activity appears in right hemisphere EEG channels (Osman et al., 2005). We did not have high expectations for differentiating right and left hand preparations, since these can activate the same areas of the left hemisphere for right-handed subjects (Bai et al., 2005). We also did not expect tongue preparations to produce relatively discernible signals, for reasons explained later.

Overall, no particular movement/imagery produced better results than any other. However, the two-movement/imagery results from subject 6, who had strong neural signals (ERD/ERSs) for each movement/imagery, garner some insight. Despite our expectations, right foot and left hand signals were the easiest for our BCI to differentiate. Perhaps, even though the EEG signals were detected on the same side of the head, the opposite hemisphere activity kept the signals from sharing similar noise or other characteristics, making them easier to differentiate.

We expected our BCI to produce the worst results when differentiating between tongue and other preparations, which it did. The tongue representation is relatively small and distributed across both hemispheres. Additionally, tongue movements created a glossokinetic potential (GKP) that disrupted the EEG signal (Satow et al., 2004). Trials contaminated by this GKP were identified in our trial exclusion process. For future application, our BCI’s results may be improved by replacing tongue movement/imagery with an alternative, such as the left foot.

It would be informative to compare our results to those from a similar BCI that used actual movement/imagery signals instead of the preceding ERD/ERS. This may be done in a future study, seeing as we did not ask subjects to make 1.5 s of movement/imagery for comparison. We directed our subjects to make non-sustained movements/imagery, since non-sustained movement/imagery is a major advantage of using a preparation BCI (as discussed in Section 1).
Overall, our BCI has the following advantages over other BCIs: two-dimensional control through four commands; a natural control scheme (especially for right–left–up–down); a system that minimizes fatigue by using natural and non-sustained movements/imageries; and response on an acceptable time scale. Assuming that a patient could enhance their preparatory ERD/ERS contributions through training, our BCI could greatly impact the lives of patients suffering from ailments such as amyotrophic lateral sclerosis (ALS) or spinal cord injury. These patients have severe paralysis and a BCI could offer them control of mechanical, entertainment, and communication devices.

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